

# Newsletter Summer 2011

## ZANI'S FURRY FRIENDS



ZANI'S FURRY FRIENDS IS A NON-PROFIT ORGANIZATION COMMITTED TO RESCUING COMPANION ANIMALS FROM NEW YORK CITY SHELTERS WHERE THEY ARE AT RISK FOR EUTHANASIA DUE TO OVER-CROWDING.

WE RESCUE PUPPIES AND KITTENS AS WELL AS ADULT PETS WHO DESERVE A CHANCE AT A LOVING HOME. OUR DOGS AND CATS ARE ALL UP TO DATE WITH VACCINES, SPAYED AND NEUTERED. DOGS ARE MICRO-CHIPPED AND HEARTWORM NEGATIVE, CATS HAVE TESTED NEGATIVE FOR FIV

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## Safe and Happy Travels! Tips for Traveling with Your Pet

As the end of summer looms large, all of us are trying to squeeze in what little vacation time we have left. For many of us, that includes traveling with not only spouses and kids, but our furry family members as well. Here are a few tips to make sure your pet has safe and happy travels.

First and foremost, ask yourself if your pet is really in the best condition to travel. Traveling, either by car or plane can stress an animal, so if your pet is very young or old, sick, recovering from an illness or pregnant, it's better to leave them at home. Also, be sure to schedule your pet in for a check up before you leave. Your vet can make sure they are up-to-date with vaccines and heartworm, flea and tick treatments. **Make sure to especially have them vaccinated against Lyme Disease!** Also, if your pet suffers from motion sickness or stress, now would be a good time to discuss potential treatment options for your upcoming trip.

Check to make sure your pet's tags are up-to-date with current information. You might even want to consider getting your pet microchipped since animals frequently become separated from their owners while traveling. Carry a current photo and description of your animal, just in case you do become separated. Also, check that your carrier is appropriate for your animal. While certain airlines have specific instructions about what size crates they should also provide enough room for your pet to move around, have a securely locking gate, have sturdy handles on the outside, and lack any protruding pieces so your pet doesn't injure themselves. Be sure to write your contact info in large print on the outside of the crate just in case- and NEVER put a leash in the crate. Your pet could get tangled up!



**MONIQUE**  
**SIAMESE/DOMESTIC SHORTHAIR**  
**MEDIUM, YOUNG, FEMALE**

And finally, make sure your furry friend is comfortable! Bring plenty of fresh water, familiar and favorite toys and their usual food. Clip their nails and give them a good brushing. They want to relax and have fun on vacation too!

Check out [takeyourpet.com](http://takeyourpet.com) too for listings of pet-friendly hotels and vacation spots!



## ADOPTABLE



**BUDDY**  
GERMAN  
SHEPHERD MIX  
MEDIUM, YOUNG,  
MALE



**STELLA**  
PIT BULL  
TERRIER  
MEDIUM,  
YOUNG, FEMALE



**KITTY**  
DOMESTIC  
ORANGE  
SHORTHAIR  
MEDIUM,  
YOUNG, FEMALE

## K-9 Cancer Diet

The National Canine Cancer Foundation estimates that 1 in 3 dogs will be diagnosed with cancer at some point in their lives; among older dogs, the American Veterinary Medical Association estimates that cancer is responsible for 50% of deaths. For dog owners, this means chances are high you will someday have to help your dog maintain as long and happy a life as possible while confronting this scary diagnosis.

I adopted Crestie, a Pekinese, from ZFF with mammary cancer and, while managing the disease can be very hard, the one area that I found enjoyable is learning about proper diet and nutrition. Diet is critical for any dog with cancer, and as an owner, giving your dog food that you know will help during this critical time can help relieve some of the powerlessness owners with sick dogs experience. The most important first step is to immediately cut out any grains in your dog's diet, and switch to a high protein diet. Many commercial dog foods offer high protein percentages (90-95%) and I suggest having your dog try a couple different brands until you find one that he/she loves.

From there, owners have lots of options for how involved they want to be in their dogs' diet. You can opt to give commercial dog food, prepare entirely home-cooked meals, or some combination in-between. For me personally, I enjoy adding fresh meat, eggs and veggies to commercial canned dog food because I know it helps her get the best of both worlds. Commercial dog food has vitamins and nutrients that can be difficult to replicate in home-cooked food, but fresh ingredients are both healthier and tastier. I'm no chef, but when my dog gobbles up the food I've made her, that is as good an endorsement as I could possibly hope for.

I usually start with a few pounds of ground chicken, beef or turkey, which I sauté in a pan with vegetables such as kale, broccoli, corn, peas and carrots. When the meat is nearly cooked I scramble an egg or two into the mixture. While it is cooling in the pan, I add in a can or two of the commercial dog food and mix thoroughly. The mixture is then stored in Tupperware in the fridge and lasts for about a week. This isn't exact science, and I'm still learning how to improve upon this recipe, but part of the fun can be trying out new ingredients that help provide your dog with both important nutrients and tasty food. I recommend reading *A Natural Vet's Guide to Preventing and Treating Cancer in Dogs* by Shawn Messonnier, DVM, for help making sense of the nutrients dogs with cancer need in their diet and how you can provide them through ingredients found at your local grocery and pet supply store. The both good and bad news is that you aren't alone, and there are plenty of resources online and on bookshelves to help you craft the perfect diet for your dog.

Crestie was 9 when I adopted her and is still going strong.

*~ Laura Warne, proud mom to Crestie*



**CRESTIE**

## NYC DOG-FRIENDLY RESTAURANTS! A REVIEW

New York City's Health Department issues steep fines for restaurants that allow dogs inside, and sometimes even outside if the leash is attached to restaurant property. That being said, some establishments choose to take that risk and welcome your dog anyhow. We should thank them with our business! Below are some dog-friendly establishments that welcome dogs, tested by yours truly and my dog, Crestie. Grab your dog and head on over!

**Café Forant**  
**449 West 51<sup>st</sup> St. (between 9<sup>th</sup> and 10<sup>th</sup>)**  
**212-245-4214**  
<http://www.cafeforant.com/Welcome.html>

This homey little café sits on a quiet street in Hells Kitchen. I've walked past many times, and was delighted to learn that dogs are welcome both at inside and outside tables. The chef and owner, Lea Forant made us feel welcome and brought a bowl of water out for Crestie. I ordered the meatloaf, and shared some with Crestie, who gobbled it up. This is her version of a five star review, and I have to agree. From the looks of the two other occupied tables, both with dogs and their owners, this place is a neighborhood secret for dog owners in the know.

While you are in the neighborhood, swing by **Ramses Deli** on the corner of 50<sup>th</sup> and 10<sup>th</sup> Avenue. The owner loves dogs, and always slips Crestie treats when she goes whenever we go in. This neighborhood has many un-dog-friendly bodegas, so I try to reward the welcome atmosphere at Ramses with my loyal business.

**The Bean Coffee and Tea**  
**Corner of 1<sup>st</sup> Ave and East 3<sup>rd</sup> St**  
<http://thebeannyc.com/about>

This is the kind of coffee shop dog-owners dream about. Where else can you and your dog curl up on comfy window seats, enjoy a good book, and have such a dazzling variety of delicious coffees, teas and baked goods there to choose from? Seriously, The Bean is that good. No need to worry if your dog is annoying the person at the table next to you, because they too have a dog, and now everyone is friends. After being there an hour, I begged the barista to open a second coffee shop closer to my apartment, so I could go every day. Until that happens, Crestie and I will just have to commute.

**Rue 57**  
**57<sup>th</sup> and 6<sup>th</sup> Avenue**  
<http://www.rue57.com/#Home>

The maitre-de at this restaurant frowned when I walked inside with Crestie to request a table, but once it was clear we intended to sit outside, he was very hospitable to us both. The waiter brought a dish of water out for Crestie, who was content to sit under the table for most of the meal. She seemed to enjoy the little taste of chicken I slipped her from my dish, and I know I found the food yummy enough to consider not sharing it with her!



**HOPE**  
 DOMESTIC  
 SHORTHAIR  
 SMALL, ADULT,  
 FEMALE



**AURIA**  
 AST/COLLIE  
 MIX  
 MEDIUM, YOUNG,  
 FEMALE



**FLUFFY**  
 MAINE COON MIX  
 SMALL, YOUNG,  
 FEMALE



**FOXY**  
COLLIE/  
SHEPHERD MIX  
MEDIUM,  
ADULT,  
FEMALE



**BABY OZZY**  
AST/PIT BULL  
MIX  
MEDIUM, BABY,  
MALE



**KING KONG**  
TUXEDO  
LARGE, YOUNG,  
MALE

## Tips For Bringing Home Your New Kitten!

NOW THAT WE'RE IN THE MIDDLE OF KITTEN SEASON (CATS BREED DURING WARM WEATHER) SOME OF US ARE BRINGING HOME NEW TINY BALLS OF FUR FOR THE FIRST TIME. HERE ARE SOME TIPS ON HOW TO EASE THE TRANSITION PERIOD FOR YOU AND YOUR NEW KITTY.

BE SURE TO AIM FOR A KITTEN THAT IS 10-12 WEEKS OLD. SOME ARE ADOPTED OUT AT 6-7 WEEKS, AND WHILE THEY'RE EXTRA TEENY, SQUEAKY AND CUTE, THEY STRESS EASILY AND WON'T ADJUST TO THE CHANGE IN ENVIRONMENT AS SMOOTHLY AS AN OLDER KITTEN. THEY'LL SHY AWAY FROM HUMAN CONTACT WHILE AN OLDER KITTEN WILL BE USED TO PEOPLE AND PLAYTIME.

MAKE SURE YOU'RE STOCKED UP ON FOOD AND TREATS SPECIFICALLY AIMED AT KITTENS. THEY NEED THE SPECIAL FORMULAS FOR GROWTH AND DEVELOPMENT. THEY'LL ALSO REQUIRE A WARM, QUIET BOX WHERE THEY CAN FEEL SECURE.

KITTEN-PROOF YOUR HOME! KITTENS ARE KNOWN FOR BEING EXTRA CURIOUS AND PLAYFUL, WHICH CAN BE DANGEROUS WHEN IT COMES TO THINGS LIKE EARRINGS, STRING, BLIND PULLS AND PHONE CORDS. FASTEN CORDS AND STRINGS OUT OF REACH; KEEP AN EYE OUT FOR DROPPED SMALL ITEMS; REMOVE POISONOUS PLANTS AND HOUSEHOLD PRODUCTS AND KEEP THE TOILET LID AND WASHING MACHINE DOORS CLOSED!

AND FINALLY, INTRODUCE HIM TO NEW ROOMS, CHILDREN AND OTHER PETS SLOWLY. ROOMS SHOULD BE TAKEN ONE AT A TIME. LET HIM GET USED TO HIS NEW SURROUNDINGS, AND THEN RETURN HIM TO HIS SAFE, FAMILIAR AREA. SMALL CHILDREN SHOULD BE TAUGHT AHEAD OF TIME NOT TO PULL ON KITTY'S EARS OR TAIL AND TO PET HIM GENTLY AND QUIETLY. FOR OTHER FURRY FAMILY MEMBERS, FIRST CHECK THAT THEY ARE UP-TO-DATE WITH ALL THEIR VACCINES. IF YOU'RE INTRODUCING THE KITTEN TO ANOTHER CAT, BE SURE TO PAY EXTRA ATTENTION TO YOUR CAT TO EASE ANY ANXIETY THEY MAY HAVE WITH THEIR NEW HOUSEMATE. THEN, INTRODUCE THEM SLOWLY FOR SHORT PERIODS OF TIME. IF THERE'S ANY HISSING OR GROWLING, TAKE AWAY THE KITTEN AND TRY AGAIN ANOTHER DAY. FOR DOGS, MAKE SURE THEY ARE PROPERLY LEASHED BEFORE MAKING ANY INTRODUCTIONS. LET THEM GET USED TO EACH OTHER'S SCENTS AND MAKE SURE KITTY DOESN'T TRY TO RUN AWAY FROM THE DOG (THEY'LL CONFUSE THE KITTEN FOR GAME!). INSTEAD SUPERVISE ALL INTERACTIONS UNTIL THE KITTEN IS GROWN AND REWARD BOTH PETS FOR CALM BEHAVIOR.

## WHO'S YOUR KITTY?



**CHLOE**  
BOMBAY/  
DOMESTIC  
SHORTHAIR  
SMALL, YOUNG,  
FEMALE



**DUCKY**  
DOMESTIC  
MEDIUM ORANGE  
SHORTHAIR  
MEDIUM, ADULT,  
MALE



**ISABEL**  
DOMESTIC  
SHORTHAIR  
MEDIUM, ADULT,  
FEMALE



**JENNY**  
DOMESTIC  
SHORTHAIR/  
TORTIE MIX  
MEDIUM, YOUNG,  
FEMALE



**ANDREA**  
AMERICAN  
SHORTHAIR  
MEDIUM, YOUNG,  
FEMALE



**JOSH**  
DOMESTIC  
SHORTHAIR  
MEDIUM, YOUNG,  
MALE



**LADY BIG  
KITTYKAT**  
BRITISH  
SHORTHAIR  
LARGE, ADULT,  
FEMALE



**GOLDIE**  
DOMESTIC  
SHORTHAIR  
SMALL, YOUNG,  
FEMALE



**KISSES**  
DOMESTIC  
SHORTHAIR  
MEDIUM, BABY,  
FEMALE

### WEEKLY ADOPTION EVENT

PETCO  
1280  
LEXINGTON AVE.

(BETWEEN 86<sup>TH</sup>  
AND 87<sup>TH</sup>)

EVERY  
SUNDAY!

12:30-5:00PM

ALL CATS ARE  
FELV/FIV  
TESTED, RABIES  
VACCINATED,  
MICROCHIPPED  
AND UP-TO-DATE  
ON VACCINES!  
EMAIL US FOR  
MORE KITTY  
INFO!

CATS@ZANISFURRYFR  
IENDS.ORG

PLEASE CONSIDER PROVIDING A HOME FOR MORE THAN ONE DOG, ESPECIALLY IF YOU ARE CONSIDERING ADOPTING A PUPPY. DOGS ARE PACK ANIMALS AND VERY MUCH ENJOY AS WELL AS NEED OTHER DOG COMPANY TO LEARN TO PLAY, SOCIALIZE AND BE GOOD COMPANION ANIMALS TO PEOPLE. THE UPSIDE TO THIS IS THAT YOU WON'T FEEL AS GUILTY LEAVING THEM ALONE!

ALL OUR DOGS ARE HEARTWORM TESTED, RABIES VACCINATED, MICROCHIPPED, AND UP-TO-DATE ON VACCINES! FOR MORE DOGGIE INFO EMAIL US AT: DOGS@ZANISFURRYFRIENDS.ORG

## PUPPY LOVE!



**PERLA**  
AST/BOXER MIX  
MEDIUM, YOUNG,  
FEMALE



**BOY**  
BLACK LAB MIX  
MEDIUM, YOUNG,  
MALE



**KELLY**  
AST  
MEDIUM, YOUNG,  
FEMALE



**MARCO**  
TERRIER/ITALIAN  
GREYHOUND MIX  
SMALL, YOUNG,  
MALE



**CHARLIE**  
AST/PIT BULL  
TERRIER MIX  
MEDIUM, YOUNG,  
FEMALE



**THEO & SMIT**  
LABRADOR/  
COLLIE MIX  
MEDIUM, BABY,  
MALES



**BRYAN**  
PIT BULL  
MEDIUM, YOUNG,  
MALE



**DEXTER**  
PIT BULL/BASENJI  
MIX  
MEDIUM, YOUNG,  
MALE



**CHOY CHI CHI**  
CHIHUAHUA  
SMALL, ADULT,  
MALE

**ZANI'S FURRY FRIENDS****CHECK US OUT ON FACEBOOK!!**

Great news! Zani's Furry Friends is now on Facebook! Check out our page to see new pictures of our adoptable fuzzies, up to date information on adoption events and our benefit and links to useful pet owner articles. You can see even more of your favorite ZFF pets! You can check out Dexter acting cool on a wind surfboard and Marco starring in his own Youtube clip! Be sure to "like" us and join our growing list of friends. You never know- you might find your next furry companion on facebook!

<https://www.facebook.com/zanisff>

PLEASE VISIT  
OUR WEBSITE TO  
SEE HOW YOU  
CAN HELP!

ADOPT!

FOSTER!

VOLUNTEER!

DONATE!

WISHLIST!

<http://zanisfurryfriends.org>

PLEASE  
CONSIDER HOW  
YOU CAN HELP!  
WE ARE ALWAYS  
LOOKING FOR  
GREAT ADOPTIVE  
AND FOSTER  
HOMES,  
VOLUNTEERS AND  
DONATIONS!

PLEASE CHECK  
OUR WEBSITE  
FOR MORE INFO!

[ZANI'S FURRY FRIENDS](#)  
[PET RESCUE - WELCOME!](#)



The Facebook logo, consisting of the word "facebook" in a white, lowercase, sans-serif font, centered within a dark blue rectangular background.